



Precision Neuroscience & Optimization

The Yuliya Tolpyhina[®] Portfolio

Diagnostic mapping, nervous system regulation, and high-performance interventions.

Beyond Observation. Empirical Optimization.

This is not psychology or traditional coaching. This is a scientific, multimodal approach to the brain, body, and nervous system, designed to decode symptoms into actionable, objective data.

Pillar 1: Brain Mapping (QEEG)

Identifying precise zones of overactivity or dysregulation that drive cognitive and behavioral patterns.



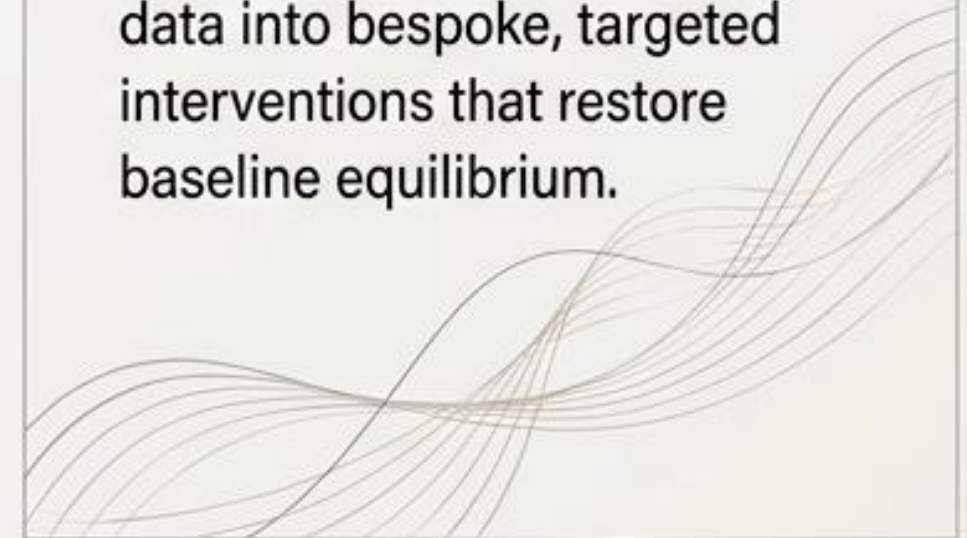
Pillar 2: Nervous System Regulation (HRV)

Measuring the body's actual capacity to recover, adapt, and process stress through autonomic balance.



Pillar 3: High-Performance Living

Translating neuro-physiological data into bespoke, targeted interventions that restore baseline equilibrium.



The Core Technologies



QEEG **(Quantitative EEG)** *The Map.*

Compares your brainwave activity, coherence, and symmetry against a normative database to reveal how your brain functions in real-time.



HRV (Heart Rate Variability) *The Engine.*

Analyzes the balance between your sympathetic and parasympathetic nervous systems to determine your physiological resilience and optimal breathing rhythms.



Bio & Neurofeedback *The Calibration.*

Real-time, data-driven brain and body training protocols that teach the nervous system self-regulation, improving focus, sleep, and emotional stability.

The Diagnostic Ecosystem

The Quick Benchmark

For wellness days, retreats,
and fast insights.



Path: Express QEEG Snapshot

The Executive Reset

For leaders facing chronic stress,
burnout, or cognitive fatigue.



Path: Business Neuro-Decoding

The Developmental Deep-Dive.

For parents seeking neuro-physiological
clarity for their children.



Path: PRO Neurofunctional Evaluation

The Ultimate Biological Audit.

For high-net-worth individuals
demanding absolute precision.



Path: VIP Precision BBS™.

The QEEG Portfolio

Express Snapshot

30 min | €400

- ✓ Visual brain activity map
- ✓ AI-generated report (1 week)

Note: No personal consultation or HRV.

Standard QEEG

2 hours | €1000

- ✓ Visual brain map
- ✓ Full HRV & breathing analysis
- ✓ 1-hour personal consultation
- ✓ Human expert interpretation

PRO Business Decoding

3 hours | €1500

- ✓ All Standard features
- ✓ Cognitive QEEG
- ✓ Bodily testing (reflexes, vision, balance)
- ✓ Personalized neuro-plan

Total expert work: 6-7 hours.

The Pinnacle Experience: VIP Precision BBS™ Neuro Profile

8 Hours | €6,500 | An **ultimate multimodal** evaluation of how your brain, body, and emotions integrate.

The Output: A personalized AI-ready neurofunctional twin, actionable recommendations, and 1-day express analysis.



Event-Related Potentials (ERP): Tracking how the brain processes auditory, visual, and cognitive information in real-time.

Sleep & Recovery Analytics: EEG/HRV analysis during a specialized sleep/rest protocol.

Sensory & Functional Mapping: Primitive reflexes, stress-reactions, and motor integration.

LORETA & Deep Brain Analysis: 3D mapping of deep cortical structures.

Executive Neuro-Decoding

PRO Package for Leaders, Creatives, and IT Professionals (€1,500 | 180 Minutes)

The Executive Reality

- Chronic burnout
- Cognitive fatigue
- Disrupted sleep architecture
- High-functioning anxiety
- Sympathetic dominance

The Precision Solution

- Objective mapping of overactive neural zones via QEEG.
- HRV testing to find your individual, mathematically optimal breathing rhythm for instant nervous system regulation.
- Assessment of bodily tension patterns, reflexes, and sensory processing.
- A bespoke Neuro-Plan delivered directly by Yuliya Tolpyhina.

The Family Ecosystem

Because nervous systems regulate together.

Family First QEEG (€2,700 | 6 Hours)

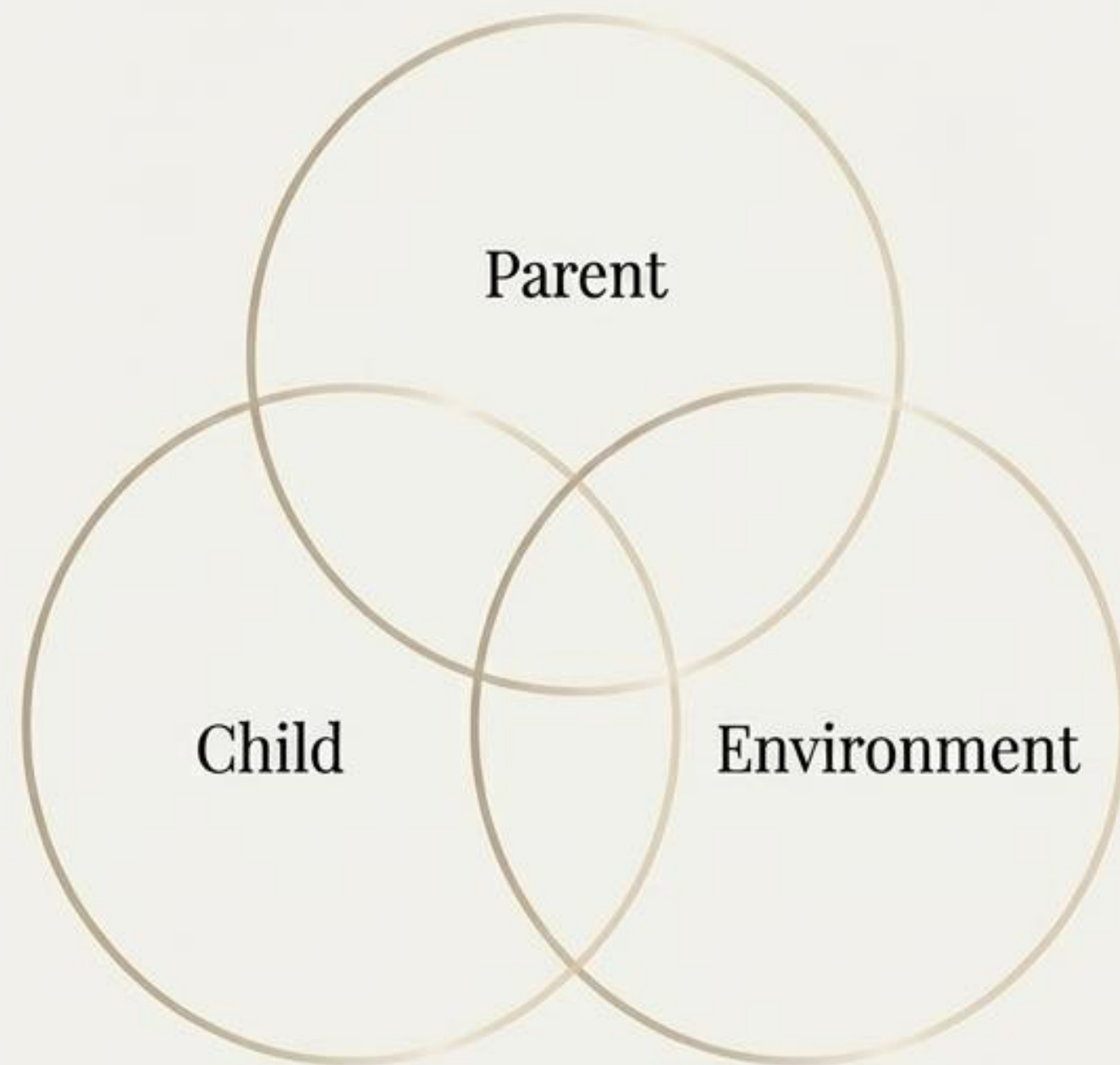
A tri-generational package for 3 family members. Includes QEEG, HRV, and individual 1-hour consultations for each to stabilize the family emotional baseline and support crisis/trauma recovery.

Pediatric Neurofunctional Analysis (€750 | 3 Hours)

A deep dive for children (0-18 years) struggling with attention, learning, or behavior. Evaluates primitive reflexes, executive functions, memory, and cognitive readiness.

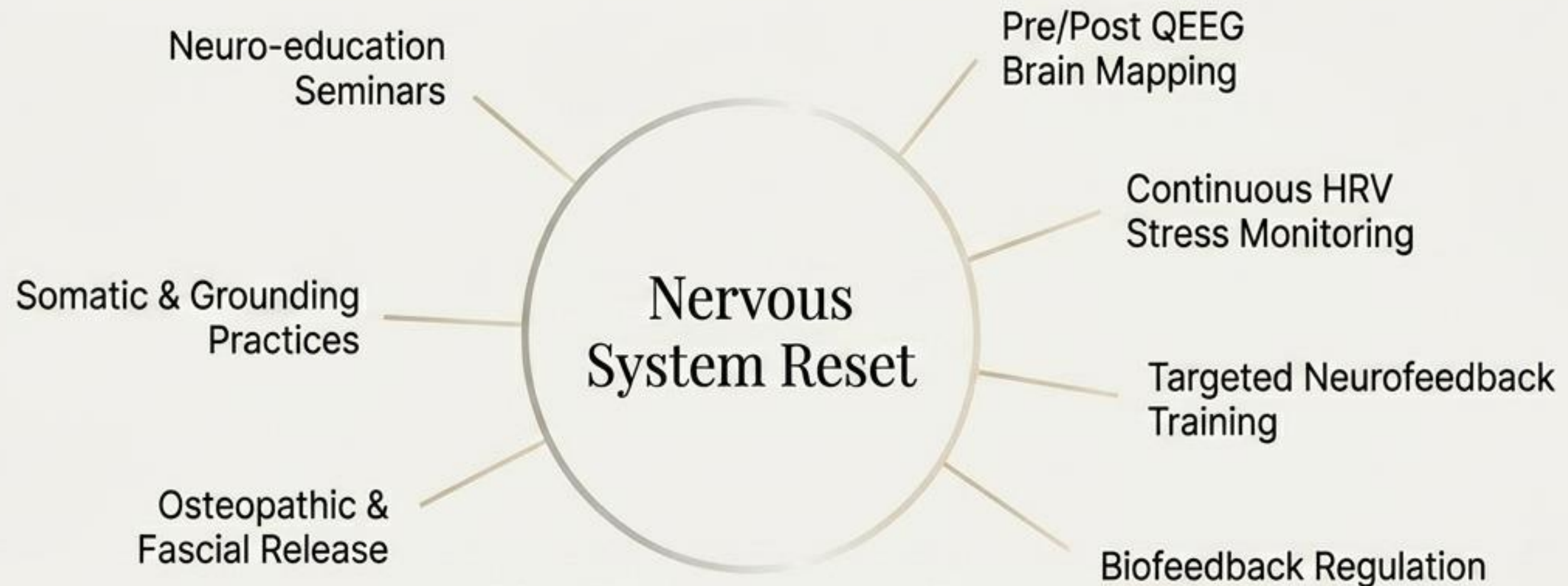
Add-on Capabilities

Deep structural LORETA and Cognitive QEEG available for an additional €250 / 30 minutes per person.



Nervous System Reset Retreats

10+ Hours | Global Bespoke Availability | Price on Request



A synthesis of precise neuro-diagnostics and profound physical release for teams, communities, or individuals.

The NeuroRehab Intensive

3 Weeks | 65 Hours | 15 Days | From €15,000

Phase 2: The 15-Day Immersion

Phase 1: Input

5-Hour comprehensive diagnostic (QEEG, Cognitive EEG, HRV) to build the baseline map.

4 hours daily featuring:

- **15** Neurofeedback & Biofeedback sessions.
- **15** Osteopathy/Somatic therapy sessions.
- **30** Targeted neuro-rehabilitation exercises (reflex integration, vestibular).
- **10** Cold Laser (LLLT) & Art/Sound therapy sessions.

Phase 3: Output

Final QEEG comparative map to visualize precise neurological progress, plus a bespoke home-continuation plan.

Long-Term Accompaniment

Sustained behavioral, cognitive, and developmental shifts over time.

Tier 1: Parent Support Group (€1,000)

The Foundation

15 weekly zoom meetings (4 months) covering cognitive profiling, emotion regulation, boundary setting, and conflict management for parents.

Tier 2: 3, 6, or 12-Month Accompaniment (€5,550)

Bespoke Development

- 16 Total Hours of consultation.
- Includes PRO input testing (4-5 hours).
- 11 highly targeted monthly or weekly sessions (adaptive pace based on 3/6/12 month track).
- Priority access, dedicated WhatsApp support, and customized home exercise programs.

Industry & Professional Expertise



Specialist Mentorship

A 9-month closed-group intensive (4-8 practitioners). 18 bi-monthly, 2-hour sessions covering advanced protocols. (€1,500).
(€1,500).

*Plus 1-on-1 supervision
(€300/hr).*

QEEG Decryption

Expert interpretation of 3rd-party QEEG data (must be from approved protocols). Includes deep data cleaning, empirical reporting, and a 1-hour Zoom consultation.

(€800 | 3 hours total work).

Corporate & Institutional

Keynote speaking, organizational training, and clinical/school accompaniment.

*(\$5,000 minimum for global keynotes/6-hour trainings;
\$1,000/hr for seminars).*

The Concierge Experience

Data Analytics & Turnaround



Standard Output:
7-14 days.



Priority Output:
3 days
(+30% premium).



Urgent Output:
24 hours
(+50% premium).

Global Deployment



Mobile diagnostics available globally. Minimum 2 participants for domestic (Israel), minimum 6 participants for international travel. (Starting at €1,500).

Commitment



Due to the high demand and extensive preparation required for precision diagnostics, cancellations made less than 24 hours in advance are non-refundable.

Begin the Journey to Your Baseline

Precision neuroscience is not a mass-market service.
It requires time, extreme specialization, and mutual commitment.

Israel | Cyprus | Global Online

Telegram: @Tolpyhina_Neuro_School

Request a Discovery Consultation